



Museum receives artifacts

Monmouth Museum displays make APG new home

Story and photo by
YVONNE JOHNSON
APG News

The APG Museum received 11 large artifacts in a shipment from the Army museum closing at Fort Monmouth, N.J., July 14.

APG Museum Director Gail Fuller and museum specialists Ed Heasley and Nat Grogan were on hand to accept the items, which included an M60A3 Combat Tank; an M114 A2 Howitzer; XM 577 Armored Command Post Carrier; AN/PQ-36 Fire Finder Radar Set; AN/MLQ-34 TACJAM Countermeasure set; AN/MPQ-4A Radar Set; AN/MPQ-10A Radar Set; Valcan 20mm Air Defense System; AN-TSC-54 Satellite Dish; Clock Track Antenna and SCR270 Radar.

Fuller said the pieces arrived clean and in good condition so much so that those pieces not requiring assembly were immediately placed on display. She said the museum was fortunate to take possession of a nearby building for much needed secure storage space in time for a larger shipment of artifacts from Fort Monmouth due to arrive in early August.

"The Army Communications-Electronics Museum on Fort Monmouth recently closed, and most of the museum collection is relocating to APG to become part of our future museum."

The APG Museum opens in October 2012.

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Riggers maneuver an AN/MLQ-34 "TACJAM" Countermeasure Set being offloaded at the APG Museum. The museum, slated to open in October 2012, took possession of 11 large artifacts donated from the Army museum at Fort Monmouth, N.J., July 14.

Historic Family donates memorabilia to APG

Story and photo by
YVONNE JOHNSON
APG News

When Sallie Cohee Zebley heard about the new Aberdeen Proving Ground Museum, she immediately thought of the Family mementos tucked away in her attic.

Zebley, who is the great-granddaughter of Pooles Island lighthouse keeper Stephen Cohee, felt pretty certain some of her historic Family treasures would find a good home at the museum, slated to open next fall.

Teresa Kaltenbacher, of APG's Directorate of Public Works Cultur-

al Resources Program, and Museum Director Gail Fuller visited Zebley's 100-year-old home on Bush River in Edgewood July 12.

There, they viewed post turn-of-the-century furniture, clothing, documents and even antique duck decoys Zebley's father and grand-father used to support their Families.

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APG Museum director Gail Fuller (right) leafs through an old book with Lucy Armstrong at the 100-year-old Edgewood home of Armstrong's sister Sally Zebley.



Tim Hortons opens on APG



CECOM engineer Robert Weingart (right) picks up three dozen doughnuts for coworkers from Tim Hortons assistant manager Judy Taylor. The restaurant opened in Bldg. 6002, C4ISR campus, July 12.

Story and photo by
YVONNE JOHNSON
APG News

APG workers have gained another food option inside the gate with the opening of a Tim Hortons franchise in Bldg. 6002.

Known for its coffee and pastries, Tim Hortons also offers breakfast and light lunch selections. On the menu are a variety of breakfast sandwiches, soups, sandwiches and wraps, including the popular Chipotle Chicken Club.

A large assortment of pastries includes doughnuts, fritters, muffins, cupcakes, doughnut holes, cookies and bagels. A frozen yogurt bar features several flavors and toppings.

Manager Chris Corbin said all of the pastries are baked fresh on site, but one of their highlight menu items is, hands-down, the coffee.

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Vanpooling is on the rise at APG

By **RACHEL PONDER**
APG News

As gas prices rise, motorists are increasingly turning to vanpooling as a way to save.

Also on the rise are the number of Aberdeen Proving Ground vanpools—tallying 18 since they started in 2007.

And there are no signs of slowing up, according to Syreeta Gross of the Base Realignment and Transformation Office. Gross said based on the number of inquiries her office receives for information



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WHAT'S GOING ON?

Find out what's happening and what services are available through Family and MWR. **SEE PAGE 8**

OPINION

Get your M-ployment skills on!

Building Happily Ever After with a military dude requires spouses to master two “initial” sets of skills: D-ployment skills and M-ployment skills.

And to tell you the truth, I think the M-ployment skills are harder. Because as long as you are still breathing at the end of deployment, you can count yourself as D-ployment skilled. You know you ain’t got M-ployment skills until you have a J-O-B.



No, no. Let’s say you ain’t got employment skills until you have a C-A-R-E-E-R.

Finally, it looks like someone might agree with me. Robert Gordon, Deputy Assistant Secretary of Defense, was in the news last month launching the first of a hundred hiring fairs for veterans as well as military spouses. Yay us.

A hiring fair with screened employers is exactly the kind of opportunity that can help overcome some of the barriers to spouse employment. Held in conjunction with the U.S. Chambers of Commerce, the first “Hiring Our Heroes” job fair was held at the Sony Picture Studios in Los Angeles July 10. It is such a good deal that the Duke and Duchess of Cambridge (Will and Kate!) planned to be in attendance.

Which is kinda cool. The thing is, that in order to real-

“Did you imagine yourself explaining the eight year gap in employment was due to your three kids and your Soldier’s four deployments to Iraq ...

ly bask in this new M-ployment benefit, we military spouses have to actually ATTEND these hiring fairs.

Uh, did that statement just fill you with dread?

Did you picture yourself stumbling around on a broken heel trying to explain how you intended to be, say, a magazine editor and you have awesome clips but that you married this Marine and you’ve moved four times in the past two years and you just got to this duty station and these were the only shoes the movers didn’t steal?

Did you imagine yourself explaining the eight year gap in employment was due to your three kids and your Soldier’s four deployments to Iraq and your five moves and how it has all worked out so well for your family that the kids are doing great in school and you are ready to go back to work?

Did you imagine the faces of potential employers screwing up in disbelief and disgust until they look an awful lot like the Jillian Michaels of your nightmares?

Well, stop that right now. Self-doubt is one of those things that comes along with military life. The thing

is, a few babysized M-ployment skills really will be enough to get you through.

M-ployment Skill 1: Forgive yourself. Right now just forgive yourself for not paying attention in high school. Forgive yourself for thinking that you wanted to run a prom dress design company when you couldn’t even sew very well or for doing two years in a dental hygienist program only to find out after you spent the money that you secretly think people’s mouths are nasty. Forgive yourself. Because those things really don’t matter that much in the big scheme of life. Trust me.

M-ployment Skill 2: Look up when one of those fairs will be in your area and SIGN UP NOW. Even if you are unsure. Even if you don’t know exactly what job you are looking for. Even if your husband or wife is waiting for orders and just might be moving sometime in the next five years, sign up. You can always cancel, but space is limited at these things and you want to be there.

M-ployment Skill 3: Ask for help. Often your post or base will have

a real person to sit down and practice interview skills with you. Sometimes you can just call Military Onesource (1-800-342-9647). I love these helper people. Even if you know jack nothin’ about how to put together a resume or what your patchwork of job and education means, these people want to help you get to Happily Ever After. Strong women let other women do their jobs—and bask in the benefits.

M-ployment Skill 4: Let me know how it is going. I got a lot of satisfaction out of my years as a stay-home mom. I get a lot of satisfaction now that I have a job, too. I want you to have all that. Email me at Jacey@jaceyeckhart.com or Facebook me. I can be one of those women who help you the way other women helped me.

Jacey Eckhart

About Jacey

As an Air Force brat, Jacey Eckhart grew up swearing she would never enter the military or marry anyone who did. Of course, she married the first Navy guy she ever met. Eighteen years later, she and her husband Brad have moved 13 times. Tackled five deployments. Raised three kids. And Jacey has written over 400 columns that encourage, empower and entertain military Families everywhere. To read more, visit cinchouse.com, where military wives and women in uniform are commanders in chief.

Army seeking end to domestic abuse

Domestic abuse is like toxic mold - it thrives in hidden, dark corners, but dies when exposed to open air.

This used to be a hidden crime, if it was taken seriously at all - either viewed as a normal part of Family life, or as too shameful to be mentioned publicly.

Many people even thought domestic violence was funny - any of you remember Ralph Kramden, on the old “Honeymooners” TV show raising his fist and promising, “One day Alice - pow - right in the kisser”

One of the great, positive changes in Army culture over the years is the ever-increasing willingness to acknowledge and talk about domestic abuse in Army Families.

There are resources available for Families seeking assistance, places for victims to go for help, advocates and counselors to monitor the situation. It hasn’t always been that way.

A few years ago, I worked with a woman who was battered by her husband. One night it got especially bad - he blackened her eye and kicked her hard enough to break several ribs.

She called the military police on the installation, but got little help. They treated it as a unit disciplinary problem and called up her husband’s platoon sergeant. The NCO told the police that an evening of drinking beer had left her in

“Once there, the drunken NCO tried to caution the husband against a repetition, then they all - MPs and platoon sergeant - left the Soldier in the home with the woman he had already beaten.

It isn’t that there aren’t still cases of domestic abuse in Army Families. As long as there are couples, there will be some individuals who turn their partners into victims. In that, the Army is no different from the rest of society.

no condition to counsel a Soldier. Not to be deterred, the MPs offered to give the impaired platoon sergeant a ride to the scene of the beating.

Once there, the drunken NCO tried to caution the husband against a repetition, then they all - MPs and platoon sergeant - left the Soldier in the home with the woman he had already beaten.

Then, as if abandoning the children and an injured woman to the care of her attacker wasn’t bad enough, it got worse.

The husband’s commander decided against any disciplinary action - it seems the husband had a critical role in preparing for an inspection of some sort. “Mission first,” was the misplaced excuse.

There were those who tried to call attention to this miscarriage, but to no avail. The husband moved out of

the quarters, the couple divorced and a few months later the woman moved to another part of the country. For all I know, the battering husband still serves in the Army somewhere.

That sort of tragedy is hard to imagine today.

It isn’t that there aren’t still cases of domestic abuse in Army Families. As long as there are couples, there will be some individuals who turn their partners into victims. In that, the Army is no different from the rest of society.

But there are serious efforts to help Families head off growing problems before they turn into abuse. Leaders at all levels now go through multiple layers of instruction on how to identify potential problems and to respond to them when they take place.

Base police are given the training they

need to respond to domestic problems appropriately - and always with priorities placed on the safety and health of possible victims.

Those efforts, we can hope, will reduce the frequency and severity of abuse in the home. But they can never be so effective that it is safe for us to grow complacent.

Every member of our community has a role in preventing domestic abuse. Through our combined efforts, we have a much better chance of pulling the infection into the open, where it can inevitably die and its victims be returned to health.

David W. Kuhns Sr.

David W. Kuhns Sr. is editor of Joint Base Lewis-McChord’s weekly newspaper, the Northwest Guardian.

APG SEVEN DAY FORECAST



APG NEWS

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Deadline for copy is Thursday at noon for the following Thursday’s paper.

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Healthy Living

I'm very excited to talk to you about an initiative for the APG community that will have a direct impact on the quality of life for our entire community.

Several months ago we organized the APG Community Health Promotion Council. Comprised of representatives from many of the installation's supported organizations and the Garrison staff, the Council is quickly becoming a valuable resource in optimizing health promotion opportunities on post, leveraging a variety of resources—personal and physical. The goal is a fairly simple one, to help everyone in our community lead healthier, happier and more productive lives.

I want to introduce you to several people who will play important parts in directing the council. First, Lt. Col. Ellen Daly, the new commander at Kirk Army Health Clinic. She is serving as a council co-chair. I also want to introduce Wendy LaRoche, a U.S. Army Public Health Command Health Promotions Outcomes Researcher.

With permission and encouragement from APHC, LaRoche is going to serve as the Installation Health Promotion Officer. Working together and with the other members of the council, they are putting into motion an exciting and energetic health promotion program.



Health Promotion Activities

- **July 21:** Head & Neck Cancer Update, KUSACH Ortiz Training Center, 1-2 p.m.
- **Aug. 6:** Back to School Physical Fair, KUSAHC, 9 a.m. to 1 p.m.
- **Aug. 2, 9, 16 & 23:** Tobacco Cessation Class, APG South Recreation Center, Noon to 2 p.m.

For more information, contact Ann Laughton at ann.laughton@us.army.mil or 410-278-1774.

Among the initiatives is a health needs survey. With your input, the survey will give us a clearer picture of the healthcare needs of our community and give us a map for how we can meet those needs.

To take the survey, visit <http://usaphcapps.amedd.army.mil/surv2/surveys/APGCommunityNeedsAssessmentTool2/>.

APG News readers who have smart phones can scan the QR code (below) and take the online survey anywhere. We have also established a Community Health Promotion Council link on the APG webpage. We will soon be populating that website with numerous links to health tips and topics (based in part on the survey results).

Perhaps the most exciting development is the efforts of various members of the Proving Ground community who are already out working in our community. Professionals from supported organizations have conducted outreach activities, giving blood pressure screenings, conducting on-the-spot health assessments and spreading the word about smoking cessation.

These efforts are both great and small. They are small in that they have minimal impact on resources in a time of constrained resources, but they are great because they are reaching out and touching our community members where they live, work and play – and are already helping people on their way to healthier, happier lives.

If you think you or your organization can contribute ideas and energy to the Community Health Promotion Council and APG community health or if you have a suggestion for getting our good health ideas and activities out to our community, please contact Wendy LaRoche at wendy.laroche@us.army.mil or 410-417-2312.

Col. Orlando W. Ortiz

Commander, U.S. Army Garrison APG



ONLINE SURVEY

Take the online survey without being tied to a computer. Take it anytime, anywhere.

FDA approves test for diagnosing leishmaniasis caused by sand flies

By **CAREY A. PHILLIPS**
Army Medical Research and Materiel Command Public Affairs

The U.S. Food and Drug Administration cleared the way for the SMART Leish PCR assay, a test to aid in the diagnosis of individuals with cutaneous leishmaniasis caused by certain species of sand flies.

The Army Medical Research and Materiel Command worked for several years to develop the diagnostic test to address the global health issue of cutaneous leishmaniasis, which has occurred in thousands of U.S. troops serving in Iraq and Afghanistan.

The SMART Leish PCR assay was developed in partnership among Walter Reed Army Institute of Research, or WRAIR, Army Medical Materiel Development Activity and the commercial partner, Cepheid USA, Inc.

Endemic throughout Africa, Asia, Europe as well as the Americas, leishmaniasis is a protozoan parasitic disease caused by single-cell organisms transmitted through the bite of a sand fly. Cutaneous leishmaniasis is the most common form of the disease.

Though not considered life threatening, the disease can cause disfiguring skin ulcers that take months to heal and cause scarring.

Up to this point there were no FDA cleared devices for the diagnosis of the disease. Traditional testing methods require a small tissue sample of the skin ulcer lesion. The samples are examined under microscope and culture to determine the presence of the intracellular form of the leishmania parasites called amastigotes. These traditional testing methods can require anywhere

from 30 minutes to four weeks to produce results.

In contrast, the SMART Leish PCR is a qualitative test that uses real-time Polymerase Chain Reaction to amplify DNA sequences unique to the organism that causes cutaneous leishmaniasis. Samples are acquired from skin lesions in the same way they are acquired for traditional methods.

“The Smart Leish Real-Time PCR assay can provide consistent results within hours of sample receipt, even when the numbers of parasites in the skin are so low that microscopy and culture results will be negative at day 30. This allows for timely treatment of the disease,” said Lisa Hochberg from WRAIR’s division of entomology.

“Servicemembers will immediately benefit from this new assay since the Smart Leish Real-Time PCR will be part of the battery of tests run at the Leishmania Diagnostic Laboratory, Division of Experimental Therapeutics at WRAIR,” said Col. Max Groggl, the director there.

“In the near future, this assay may be utilized at additional strategically located DoD medical facilities, enhancing our capability to provide rapid diagnosis to servicemembers and improve patient management,” said Groggl.

According to Hochberg, this assay represents the first FDA-cleared real time PCR diagnostic device for infectious diseases developed and cleared by the Army.

Additional information about leishmaniasis is available at the Centers for Disease Control and

Prevention website: <http://www.cdc.gov/parasites/leishmaniasis/>

Doobie Brothers bring classic sounds to APG



Courtesy photo
(From left) Patrick Simmonds of the Doobie Brothers performs with Country star Luke Bryan and Doobie Brothers Tom Johnson and John McFee during a taping for an episode of CMT Crossroads in June. The famous group brings its act to APG in the Army Concert Tour featuring Lynyrd Skynyrd and Dilana Aug. 20. Visit www.apgmwr.com for more information.

By **YVONNE JOHNSON**
APG News

Get ready to rumble to the classic sounds of the legendary Doobie Brothers as they bring their storied act to Aberdeen Proving Ground for the Army Concert Tour featuring Lynyrd Skynyrd and special guest Dilana Aug. 20.

Gates open at 6 p.m. and the show starts at 7 p.m. Tickets cost \$30 in advance, \$40 the day of the show. Concert-goers can purchase tickets in person at the APG MWR Leisure Travel Office, Bldg. 3326, call 410-278-4621 or visit TICKETMASTER.com.

Volunteers are needed to work concessions and in other areas. To volunteer, contact Earlene Allen at 410-278-3854 or e-mail earlene.allen.naf@mail.mil. For more information, visit www.apgmwr.com.

About the Doobie Brothers

What began as a free-wheeling Northern California band whose biggest followers were the Hell’s Angels became a polished group of recording artists eventually earning numerous Top 10 hits and a Grammy Award for Album of the Year in 1980 for “What a Fool Believes.”

Today the group consists of founding members Tom Johnston and Pat Simmons, and 30 year-plus veterans John McFee and Michael Hossack. The group will perform classic hits like “Long Train Runnin,’” “China Grove,” “Listen to the Music,” “Black Water,” “Takin’ it to the Streets,” “It Keeps You Runnin,’” “You Belong to Me,” and others as well as hits from their 2010 CD “World Gone Crazy” which includes collaborations with Willie Nelson and former Doobie Brother Michael McDonald.

Historic donations

Continued from Page 1

Fuller was especially interested in a World War II Army uniform and black work hat in the style of World War II-era Coast Guard issue. She also scanned a 1942 issue of “LOOK” magazine containing a feature story on APG and a photo of Zebley’s father.

Along with husband Norman, sister Lucy Armstrong and cousin John Bowman, Zebley has lived in the area most of her life. She said they grew up crabbing and playing in the waters of the Bush River and that she can remember when the river ran clear, “and you could see down to your toes.”

“We’re almost the last in line and when we pass on we want to see these things go somewhere where they will be appreciated,” she said. “It’s nice to know that [APG] thinks so highly of preserving Pooles Island history,” she added. “I just wish I’d paid more attention to all the stories when I was a little girl.”

How to donate

The former Ordnance Museum is transitioning its assets out to make way for the new museum which will house artifacts detailing the history of APG as well as the U.S. Army Communications-

Electronics Command, recently relocated from Fort Monmouth, N.J.

Museum Director Gail Fuller said she is looking for items to do with the installation’s World Wars I and II history, chemical and biological research, testing and evaluation, engineering history and the development of munitions.

“I believe this will be the only Army museum with a large focus on civilian contributions in addition to the history of Soldiers,” she said. “We are looking for everything that has to do with Aberdeen or Edgewood.

Anyone who thinks they might have something of interest should contact me and describe what it is. If it sounds interesting I will either come out and evaluate it or ask them to bring it in, depending on the item.”

Most items will be put on display indoors while some fragile items may be put into storage to be displayed later, she said.

“We do need uniforms from those who served here. Even after we open we will continue to build our collections on the history of Aberdeen and Edgewood.”

To contact Fuller, call 410-306-4707 or e-mail susan.gail.fuller@us.army.mil.

APG museum to open fall 2012

Continued from Page 1

It took six drivers, five loaders, four riggers and one 165-ton crane to load, transport and unload the pieces. Robert Cade, a Meadow Lark project manager, said drivers picked up their loads July 13, staged them in the Aberdeen area overnight and began pulling onto the museum grounds about 8 a.m.

He thanked Fuller for her help in coordinating the mission. “Everything went smoothly, like it usually does when we work with APG,” he said.



ADM edges out WHAM for 12-11 win

Melissa Mullan of WHAM eyes an incoming pitch as ADM catcher Sung Song looks on during the matchup of two intramural softball teams from the Edgewood Chemical Biological Center at APG South (Edgewood) July 18. The two evenly-matched teams battled it out until ADM won, 12-11. See more game photos on the APG Flickr site at flickr.com/photos/usagapg.

Photo by Yvonne Johnson

Civilians receive commuting subsidy

Continued from Page 1

on starting vanpools, she expects the number of local pools to grow.

“Aside from the inherent savings of sharing commuting expenses with other people, the mass transportation benefit program provides up to \$230 per month to federal employees and active military members to offset mass transit expenses, including vanpools, buses and trains,” Gross said. “Additionally, riders don’t have to worry about the wear and tear on their vehicles and some don’t even have to worry about driving.”

Gross said anyone who is interested in joining a vanpool can sign up with Commuter Connections at <http://www.mwcog.org/commuter2/>, a site that helps link people interesting in ridesharing.

“If you pass the same person in traffic, arrive to work at the same, then leave at the same time, you may have found a rideshare partner,” Gross said. “Find three more and you have enough for a vanpool.

“Then you need to talk with a vanpool company, one of the most recognizable is VPSI,” said Gross. “Lastly, once you have enough people and a van, then call me, the mass transit subsidy program point of contact, and I can start processing the application to receive the subsidy.”

Nnenna Ewing, an electrical engineer with Army Materiel Systems Analysis Activity, lives in Baltimore County and calls vanpooling a “blessing” because it helps her save \$300 to \$400 monthly. As a government employee, Ewing receives the commuting subsidy and ultimately her commute to work is free.

Ewing decided to organize a vanpool last year after hearing that gas prices were expected to rise. She let people know she was starting a vanpool through word of mouth, e-mails and meetings. The company that she uses, VSPI, requires a minimum of seven people to start a vanpool and a vanpool coordinator.

“I asked around to see if people were interested. At first it was difficult to convince people to vanpool. People did not want to give up their independence and depend on other people for rides,” Ewing said. “But as gas prices continued to rise, people became interested.”

Ewing said the time she spent organizing the vanpool was well worth it.

“I experience less stress now because I only have to fill up my vehicle every two weeks. When I was driving myself I was filling my car up twice a week,” she said. “I recommend the program to everyone who is getting eaten alive by gas prices,” she said. “This program really makes a difference.”

James Csogi, a Department of Defense contractor from New Jersey, said his decision to use a vanpool was a no-brainer.

“I have a house [in New Jersey] and I didn’t want to move my kids,” said Csogi. “Using a vanpool is the best option for me. I pay about \$300 dollars a month to use the vanpool, which is less than I would spend in gas per month and I don’t have to worry about wear and tear on my car.”

Csogi acts as vanpool coordinator. Every week he makes up a driving schedule so that the driving responsibility is shared by everyone. He also keeps track of who rides in the vanpool each day, and collects money at the end of the month.

“It takes some work, but the pros far outweigh the cons,” he said. “So far, everyone in my vanpool has done a great job communicating with me. During the day, if we need a ride on or off post, we can either take the van or get a ride with coworkers. If an emergency comes up and I have to go home early there is a program called Guaranteed Ride Home that provides four free rides for mass transit commuters per year.”

“I think vanpooling is great,” added Renee Ullman, a CECOM employee who also lives in New Jersey. “It is the best of both worlds because it allows us to keep our jobs and lets us live where we want to live. It is also cost effective and environmentally friendly.”

“I wanted to continue to work for my company, PM Radars so I can



Photo by Rachel Ponder

At the end of the workday, Communications Electronics Command employees wait for the vanpool that will take them back to their homes in New Jersey. Vanpooling is an increasingly popular option for APG employees who commute long distances.

continue to give Soldiers the support they need,” said Vernetta Mitchell, from New Jersey. “Everyone in the vanpool has different situations, but we work together to make it work.

We are like a little community.” For more information about APG vanpooling or other mass transportation options, contact Gross at 410-306-2154, or e-mail syretta.a.gross.ctr@mail.mil.

New eatery opens

Continued from Page 1

“We have every possible variety,” said Corbin. “It’s always fresh and prepared any way you like it, including our regular and iced cappuccinos. It’s all nice to wake up to.”

The restaurant only accepts cash transactions but Corbin hopes to install a card option soon.

Not being able to pay with plastic hasn’t stopped the customers from coming.

“I’ve been in here five times since they opened,” said CECOM engineer Robert Weingart, as he picked up three dozen doughnuts for his coworkers. “I really like their coffee and I just about destroyed their stock of doughnuts,” he chuckled.

The Details: Tim Hortons is a Canadian fast-casual restaurant known for its coffee and doughnuts. It is also Canada’s largest fast food service with more than 3,000 stores nationwide. It was founded in 1964 in Hamilton, Ontario, by Canadian hockey player Tim Horton and Jim Charade, after an initial venture in hamburger restaurants. In 1967 Horton partnered with investor Ron Joyce,

who assumed control over operations after Horton died in a car crash in 1974, and expanded the chain into a multi-million dollar franchise. Jim Charade left the organization in 1966 and briefly returned. Tim Hortons franchises spread rapidly and eventually overtook McDonald’s as Canada’s largest food service operator. As of July 4, 2010, Tim Hortons had 3,627 system-wide restaurants, including 3,040 in Canada and 587 in the United States.

More to come: Ufood Grill will open a franchise on APG in the coming months. Ufood is known for its “healthy” fast food, which is baked, grilled or steamed; never fried and with no added trans fats. Menu choices include beef, turkey, veggie and bison burgers; chicken and turkey signature sandwiches; grilled Paninis; “Smuuthies” with Antioxidant, Muscle Recovery, Energy, Protein and other enhancers; breakfast sandwiches, grilled entrees, salads, soups, pizzas and more. The store also shares nutrition facts and dietary guides to help customers make healthy food choices.



Tune in for ChalleNGing scoop

Michael Romero (left) a Freestate Challenge Academy candidate, is being interviewed by Fox45 News reporter Kathleen Carins as cameraman Bryan Barr zooms in for a close-up July 19. Carins interviewed academy candidates about why they decided to enroll in the school. The Freestate Challenge Academy, located on Aberdeen Proving Ground North, provides education to at-risk high school dropouts, and is part of the National Guard Youth Challenge program. Participants live and work in a controlled military environment, which encourages teamwork and personal growth. The cover story about the Challenge Academy is scheduled to air on Fox45 News tonight at 10 p.m. and tomorrow at 7 a.m. The story will also be posted on www.foxbaltimore.com.

Photo by Rachel Ponder

DoD to drop social security numbers from ID cards

By **JIM GARAMONE**
American Forces Press Service

As of June 1, Social Security numbers on military identification cards began to disappear, said Air Force Maj. Monica M. Matoush, a Pentagon spokeswoman. The effort is part of a larger plan to protect servicemembers and other DoD identification card holders from identity theft, officials said. Criminals use Social Security numbers to steal identities, allowing them to pillage resources, establish credit or

to hijack credit cards, bank accounts or debit cards. Currently, the Social Security number is printed on the back of common access cards, and on the front of cards issued to dependents and retirees. Beginning in June, when current cards expire, they will be replaced with new cards having a DoD identification number replacing the Social Security number, officials said. The DoD identification number is a unique 10-digit number that is assigned to every person with a direct relationship

with the department. The new number also will be the service member's Geneva Convention identification number. An 11-digit DoD benefits number also will appear on the cards of those people eligible for DoD benefits. The first nine digits are common to a sponsor, the official said, and the last two digits will identify a specific person within the sponsor's family. Social Security numbers embedded in the bar codes on the back of identification cards will remain there for the time

being, and will be phased out beginning in 2012. The department will replace identification cards as they expire. "Because cards will be replaced upon expiration, it will be approximately four years until all cards are replaced with the DoD ID number," Matoush said. The identity protection program began in 2008, when DoD started removing Social Security numbers from family member identification cards.

Send newspaper submissions to new email address

Due to ongoing issues with the recent DISA migration, community members are asked to send all submissions for the APG News to adriane.foss@us.army.mil, and CC the editor-apg@conus.army.mil address. Type APG NEWS SUBMISSION in the Subject Line. You should receive a response within three business days letting you know that the submission has been received. If you do not receive a response , please call 410-278-1150 to inquire.

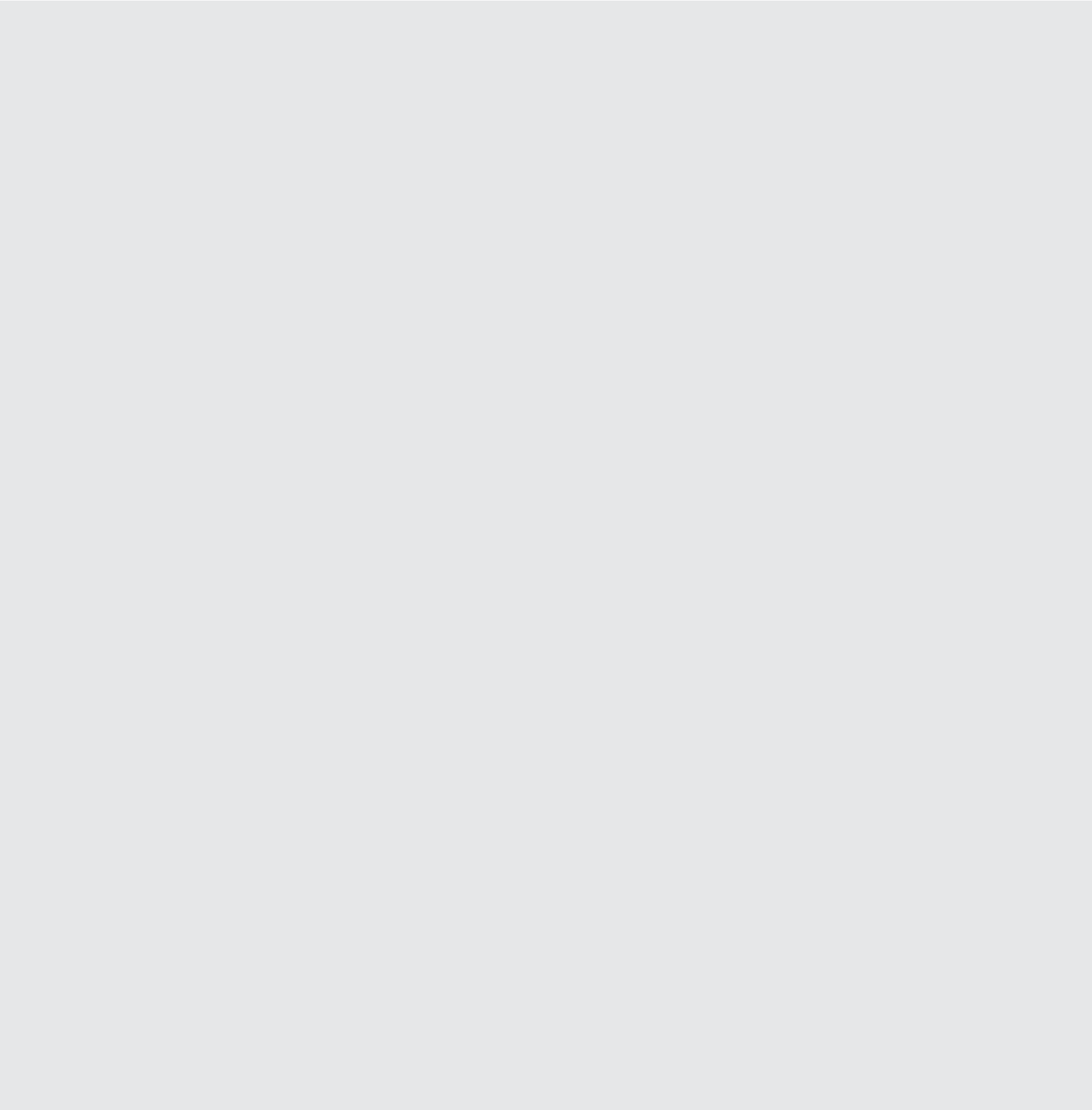




Photo by Tech. Sgt. Jacob N. Bailey

Petry inducted into Hall of Heroes

Medal of Honor recipient Sgt. 1st Class Leroy A. Petry receives a photo and citation from Army Secretary John McHugh during the Hall of Heroes induction ceremony at the Pentagon July 13. Petry is the second living recipient of the Medal of Honor from the wars in Iraq and Afghanistan.

LEAVE DONATIONS

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); and OPM 630-B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency). For more information, call Joan Campbell, 410-278-5668, e-mail joan.campbell@us.army.mil.”

Employees eligible for donations in the Voluntary Leave Transfer Program

Audrey Alba	Megan Farley	Carolyn Moore	Diane Simmons
Sarah Blevins	Meghan Faughnan	Margaret Nahrgang	Danielle Smith
Debra Bonsall	Thomas Garrett	Marie D. Nowak	Nicole Stallings
Diane Bratton	Charles Giles	Ella Patrick	Sonya Taylor
Georgia Braun	Arya Golriz	Richard Pecoraro	William Taylor
Michael Bruggeman	Walter Holland	Mary Pettaway	Lorena Thompson
Mikale Gerdes Brutus	LaTasha Hines	Donna Pierce	Joya Tucker
Holly Cacciapaglia	Kari Jackson	Sheba Ratliff-Coble	Luis Villafane
(Vets Administration)	Maia Kaiser	Michele Reamey	Ann West
Sara Campbell	Subria Kelly	Melissa Rickey Russell	Emily Whaley
Clark Capers	Dawn Kowalewski	Pedro Rodriguez	Fletcher “Chip” Williams
Sharon Colclough	Rose Khraisat	Lee Anne Sellare	Aaron Wilson
Hennither Cole	Robert Lating	Gloria Scott	Bruce Woodmansee
Vikas Dane	Cindy Learn	Paul Shelley	Fatisha Wright
Meg Downey	Shantiea Mack	Lena Shelton	
	Andrea Miller		

FAMILY AND MWR

Activities/Events

Free babysitting course

Become a certified babysitter after taking the free 4-H/Army Child, Youth & School Services babysitting class for ages 13 to 18.

The class will be held 9 a.m. to 3 p.m., Aug. 8 to 10, at the Aberdeen Area Child, Youth and School Services, Bldg. 2522 and will highlight the responsibilities of babysitting. Class is open to all DoD ID cardholders.

To register or schedule an appointment, call Central Registration at 410-278-7571/7479, Bldg. 2503. For information, call 410-278-4589 or email stacie.e.umbarger.naf@mail.mil.

University of Delaware tour

Tour the University of Delaware July 27. Ages 15 to 18 only. Sign up at CYSS Central Administration, Bldg. 2503, rooms 210/211. Teens will depart the youth center at 9:30 a.m. and return 2:30 p.m. Bring money for lunch. Space is limited. Call 410-278-7479/7571 or email jay.a.mckinney@us.army.mil.

NYC day trip Aug. 6

Leisure Travel will offer eight hours of shopping in New York City Aug. 6. Enjoy the city without the driving or parking problems. Cost is \$46 per person and includes roundtrip bus transportation. The bus will depart from

Mountain Road Park and Ride I-95 (Exit 74) at 7:55 a.m. For information on New York City, visit www.nyc-tour.com. For information or to reserve a seat, call MWR Leisure Travel Office at the APG North recreation center, Bldg. 3326, 410-278-4011/4907 or e-mail APGR-USAG-MWR-LeisureTravel@conus.army.mil.

Universal Studios discount tickets

Universal Orlando® Resort is proud to offer a discount ticket program to all active duty, retired military and Department of Defense personnel. All Universal Studio tickets must be purchased at least 3 weeks before the trip.

Universal Studios includes two theme parks, non-stop nightlife and more all in one convenient location. At Universal CityWalk® enjoy the best in restaurants, nightclubs, shopping and movies.

For more information, call 410-278-4011 for price breakdown.

APG Team Paintball Tournament

Do you enjoy extreme sports? If so, gather up your friends and form a three-man paintball team for the APG Shoot Out 3 Versus 3 Paintball Tournament 11:15 a.m. July 30 at Shore Park.

Navigate, strategize and compete in our inflatable paintball “Mega Dome.” First and second place teams receive medals and the winning team photo will be featured in the trophy case at Outdoor Recreation. Music, games and refreshments will be available. (Paintballs will not be real paint. Pellets only).

Team entry fee is \$20 for pre-registration. Registration starts 11:15 a.m. with a tournament start time at noon. Teams may also register before July 30 by calling 410-278-4124/5789.

Movies under the stars

Enjoy a fun Family night out free of charge. Pre-movie festivities begin at 6:30 p.m. and include games, a deejay and karaoke. The movie will begin at 8 p.m. or at dusk. Bring lawn chairs, blankets and snacks. Food and refreshments will also be available for purchase.

Movies include:

July 22, Karate Kid (2010), EA Bay-side Pool

Aug. 5, Happy Feet, AA Shore Park
For more information, call 410-278-4124

APG Fitness Center closure

The APG Fitness Center, Bldg. 320, will be closed through Labor Day weekend. Work to install a new air conditioning system with duct work, expanded shower and locker rooms, new flooring and entrance area will be done.

Fitness Center is located in bldg. 2407. Hours are Monday- Thursday, 5 a.m. to 6 p.m. Closed Friday, Saturday, Sunday and holidays. Call 410-278-9725.

Hoyle Gymnasium closure

The court side of Hoyle Gymnasium, Bldg. E4210 will be closed through Labor Day for fire suppression system installation, ceiling repair work and expansion of the second floor area. During the time the court side is closed,

fitness classes will be relocated to the Edgewood Area Recreation Center, Bldg. E4140. NOTE: small areas of the fitness center side will be disrupted at times for fire suppression installation. Call 410-436-7134.

Starting a small business

The Army Community Service Employment Readiness Program will sponsor two sessions of How to Start Your Small Business, 11:30 a.m. to 1 p.m., Aug. 3 and Nov. 2 at Child, Youth and School Services, Bldg. 2503.

The free 90-minute program provides an overview of starting a business, successful entrepreneurship and how to write a strategic business plan.

The sessions are open to DoD cardholders, including contractors and retirees, and Family members and guests. Space is limited.

For information or to RSVP, call Marilyn Howard at 410/278-9669/7572.

Weather damages Chesapeake Challenge Amusement Park

Chesapeake Challenge Amusement Park will not open as earlier promoted due to maintenance issues and effects of severe weather over the last six months. The go cart track, mini golf and batting cage maintenance will be assessed over the summer. It will be determined if it is cost effective to open the park in 2012. For more information, call 410-278-4124.

Single father books available

Army Community Service cares about the single fathers in the community and recognizes the unique challenges that many single fathers, including those whose wives are deployed, encounter. ACS has purchased “The Complete Single Father.” It includes chapters on communicating effectively with kids, making your house a home and parenting styles. Stop by ACS 2503 High Point Rd, Room 123, to pick up your copy. Supplies are limited.

Medieval Times discount tickets available through Leisure Travel

The Leisure Travel Office has discount tickets for Medieval Times Dinner and Tournaments located at Arundel Mills Mall, 7000 Arundel Mills Circle, Hanover, Md. Tickets cost \$39.25 per adult and \$32 per child (ages 3 to 12). Reservations must be made at the time of purchase; other locations available

upon request. All prices and savings are based on the final cost to include all taxes and fees. Prices are subject to change without notice.

Visit the MWR Leisure Travel Office, Bldg. 3326, 9 a.m. to 6 p.m., Mondays through Fridays and 9 a.m. to 2 p.m. on Saturdays.

For more information or to purchase tickets, call MWR Leisure Travel Office, Aberdeen Area Recreation Center, Bldg. 3326, 410-278-4011/4907 or email APGR-USAG-MWR-LeisureTravel@conus.army.mil.

Discount Aquarium tickets

The Leisure Travel Office offers discount tickets to the National Aquarium in Baltimore. Adult tickets cost \$23.25 per person; tickets for children ages 3 to 11 cost \$17.50; active duty tickets cost \$19 each and are issued one per active duty ID card only. Tickets do not include the dolphin show or the 4D Theater, but are upgradeable at the aquarium. Take an unforgettable journey into the mysteries of water and the beauty of the natural world.

Watch brilliantly colored triggerfish explore a coral reef. Marvel as sharks glide through the shadowy depths just an arm’s length away.

For more information or to purchase tickets, call the MWR Leisure Travel Office at 410-278-4011/4907, visit the AA Recreation Center, Bldg. 3326 or e-mail APGR-USAG-MWR-LeisureTravel@conus.army.mil.

Personal Training

APG Sports Branch is offering personal training programs. All active duty military and Family members, DoD civilians and family members, and DoD contractors are eligible.

Training is offered at the athletic center, fitness center and Hoyle Gym to assist customers in meeting their personal fitness needs. The program is offered in individual half-hour and one-hour sessions and blocks of sessions. Individual half-hour sessions cost \$40 each; one-hour sessions cost \$55 each. Blocks of six half-hour sessions for the cost of five sessions is \$200; blocks of six sessions for the cost of five sessions is \$275

Contact the athletic center or Hoyle Gym for details.

Luray Caverns discount

Take a spin through time, 400 million years worth to be exact, to discover the amazing history of these unearthly caverns. Tickets cost \$18.25 for adults 13 years and older; tickets for children ages 3 to 12 cost \$9.25. Luray Caverns is located on 970 Highway 211 West, Luray, Va., in the Shenandoah Valley. Prices are subject to change without notice. Visit <http://www.luraycaverns.com/Plan-yourVisit/AboutLurayCaverns/tabid/507/Default.aspx>. For more information or to purchase tickets, call the MWR Leisure Travel Office at 410-278-4011/4907, visit the AA Recreation Center, Bldg. 3326 or e-mail APGR-USAG-MWR-LeisureTravel@conus.army.mil.

July bowling specials

- Early Bird Special: Bowl for one hour for \$1 per game from 7 to 9 a.m. Includes shoe rental.
- Each Friday, 6 to 10 p.m., bowl one game for \$0.75 per game. Shoe rental costs \$2.
- Cosmic Saturdays: Each Saturday, receive one hour of bowling, one whole cheese pizza (toppings extra) and one pitcher of soda for \$34 (Up to six people). Includes shoe rental.

Bowling rates

Bowling costs \$3 per game, Monday

to Friday from 7 a.m. to 5 p.m.; games cost \$3.50 each on Fridays, 9:30 to 11 p.m.; Cosmic Saturdays cost \$3.75 per game; and \$3 per game on Sundays.

New hours for summer

Effective through September, The Bowling Center hours are 7 a.m. to 3 p.m., Monday through Thursday; 7 a.m. to 10 p.m., Friday; 3 p.m. to 10 p.m., Saturday; the Bowling Center will be closed on Sundays. Holiday hours will be announced at a later date.

APG Bowling Center Snack Bar specials

Building 2342

Lunch delivery is available for orders of \$25 or more. Call for delivery before 11 a.m.

Week of July 18

Special #1: Ham and cheese wrap with potato chips, cookie and regular soda for \$5.25.

Special #2: Pork BBQ with French fries, cookie and regular soda for \$6.25.

Week of July 25

Special #1: Pepperoni pizza sub with French fries, cookie and regular soda for \$6.50.

Special #2: Chief salad, cookie and regular soda for \$7.50.

The Bowling Center also serves breakfast. For more information or to place an order, call 410-278-4041. Orders must be placed before 10:30 a.m.





(From left) Juliet Synder, 9; Charles Wilson, 13; John Byers, 8; and Rachel Bostick, 14, compete for the ball. The children competed for the “World Cup” during the camp on the APG North soccer field July 11-15.

CYSS Sports hosts British soccer camp

Story and photo by
RACHEL PONDER
APG News

Despite the heat, 40 children, ages 5-14, participated in Challenger Sports British Soccer Camp at the Aberdeen Proving Ground North soccer field July 11-15.

The annual summer camp, hosted by Child Youth and School Services, brings coaches who are exclusively trained in the United Kingdom to teach soccer fundamentals and techniques to improve their game.

According to the Challenger Sports British Soccer Web site, the goal of the British soccer program is to deliver “quality coaching with a unique British cultural twist.”

The website also lists Challenger Sports as the most popular soccer camp provider in the United States and Canada.

This year more than 900 British coaches will train more than 150,000 boys and girls at 3,500 camps and clinics.

During the mornings, the 5- to 6-year-old group participates in mini-camp, learning skills through games and contests including “soccer bowling,” where children have fun knocking down orange cones by kicking the soccer ball.

“This activity teaches passing and accuracy,” said John Dunbar who taught the mini camp. “We want them to learn and have fun at the same time.”

Dunbar said he is equally enjoying teaching soccer and experiencing life on America’s East Coast.

“I like traveling and meeting new

people every week, and teaching children of all ages how to play soccer,” Dunbar. “But the main thing is that children have fun.”

During the day, children ages 6-14 learn techniques that range from dribbling and passing to shooting, tackling and defending.

Participants are divided into “countries” to compete for the World Cup. The countries received points by winning games throughout the week and participating in challenges where they learn about the country.

“It gets competitive,” said 12-year-old Kierra Sewell, who has attended the camp for four years. “I play soccer in school and this year I will play at APG. I look forward to the camp every year, and each year I learn something new.

“Plus the coaches are pretty cool,” she said. “They learned and grew up in a country where this sport is very popular; they know how to play.”

Susan Byers, who had three children in soccer camp this year, watched from the sidelines. She said the annual activity is a Family favorite and is a win-win for all involved.

“My children have been attending this camp for three years and they love it. The coaches keep the children entertained and motivated with games throughout the day. I also like how they emphasize good sportsmanship and teamwork.”

For information on upcoming CYSS Sports activities visit http://www.apgmwr.com/family/youth_sports.html or call 410-306-2297.



Christian Otto (right) 6, kicks the ball during a game called “soccer bowling” as Challenger Sports British Soccer coach John Dunbar looks on. Child, Youth and School Services hosted Challenger Sports British Soccer Camp at the APG North soccer field July 11-15. The camp brings coaches who are exclusively trained in the United Kingdom to teach children the fundamentals of soccer.

CORRECTIONS

Due to an erroneous submission, the July 14 *APG News* listed an incorrect web address for the U.S. Army Chemical Materials Agency. The correct address is <http://www.cma.army.mil>. The number of personnel listed as employed by the agency was also incorrect. The correct number of employees is “approximately 1,500, in addition to numerous support contractors.”

The front-page headline of the July 14 APG News incorrectly read as follows: USAPHC reflagged as the Public Health Command. It should have read as follows: U.S. Army Center for Health Promotion and Preventive Medicine reflagged as USAPHC.

Post Shorts

Schedule your school physical at Kirk clinic

School physicals are a free benefit at Kirk U.S. Army Health Clinic. Parents are asked to bring all appropriate paperwork from the school. KUSAHC is also offering a half-day physical marathon by appointment Aug. 6 from 8 a.m. to 1 p.m. Parents are urged to schedule their children as soon as possible because appointments fill up fast. Call Kirk Primary Care-Pediatrics at 410-278-1928 for information.

ACS Birthday today

Army Community Service will celebrate its 46th birthday at Shore Pool Picnic Area with a cookout, children's activities, bouncy house and open swimming at the Shore Pool. Free tickets available at ACS, Bldg. 2503, Monday to Friday, 8 a.m. to 4:30 p.m. This event is open to the APG community. Call 410-278-7572/4372 or email Diana.k.hayes.civ@mail.mil. Last day to pick up tickets is July 15.

Mandatory briefing set for acquisition officers July 22

Maj. Gen. Nick Justice, the Research Development and Engineering Command and Aberdeen Proving Ground commanding general is also the senior regional acquisition official. Justice will conduct a regionalization briefing at 1 p.m. July 22 at the Ball Conference Center, Bldg. 3074, on APG North (Aberdeen). The commander will discuss the regionalization process and his role as the senior regional acquisition officer. He will be joined by representatives from the Acquisition Management Branch who will discuss the role of AMB as well as things to consider for career development. Lt. Col. Schramm of the Acquisition Support Center will be on hand as well to provide an update on policy and initiatives currently being developed by the U.S. Army Acquisition Support Center for the Army Acquisition Workforce. The session is open to all acquisition officers on APG and their supervisors, both civilian and military. This briefing is mandatory for all acquisition officers in the grades of captain and major who are involved in the regional process.

The Acquisition Management Branch will have assignment officers on hand to conduct one-on-one sessions with all interested acquisition officers. Any acquisition officer interested in a one-on-one session will need to RSVP by contacting Fernandes Boyd at 410-306-3612 or fernandes.v.boyd.civ@mail.mil to schedule a session.

Route 24 Gate closure

Beginning at midnight Thursday, July 21, the Route 24 main access gate in the Edgewood Area will be closed to allow contractors to complete upgrades as well as minor repair work. The closure is expected to last until Aug. 22. During the closure the Magnolia Gate will operate as the 24-hour visitor and truck entrance gate. Visitors must use this gate to obtain a pass allowing them onto the installation. The truck inspection lanes will also be open and operating. As you commute to work Friday, July 22, please use the Magnolia or Wise Rd gate to enter the installation. Motorists should note that the work schedule is contingent on weather.

Harford missionary guest speaker at APG main post chapel July 24

APG's Protestant congregation will host a guest speaker July 24 during the 10:15 a.m. service at the Aberdeen Area's Main Post Chapel. A native of Harford County and a missionary with "We Are Kenya" in Africa, Everett Smith will speak to the congregation about his missionary work abroad and his vision to dig a well that will provide clean drinking water. His vision also includes partnering with current resources in Kenya to provide food, clothing, shelter, education and medical care to those in need. The public is invited. For more information, call the Main Post Chapel at 410-278-4333.

UMUC fall startup

Get a jumpstart on your education by starting classes this fall! University of Maryland University College (UMUC) is sponsoring a Start Up Event Aug. 3 from

DON'T MISS AUG. 6 COMEDY CRIME AT POST THEATER

The newly formed APG Theater Group will perform Arsenic and Old Lace for one night only Aug. 6 at 7 p.m. at the post theater. Arsenic and Old Lace is a macabre comedy written by American playwright Joseph Kesselring but best known for its film adaptation directed by Frank Capra. (Synopsis: A drama critic learns on his wedding day that his beloved maiden aunts are homicidal maniacs, and that insanity runs in his family.) It is listed by the American Film Institute as one of America's Funniest Movies. To get tickets for this family-friendly performance, visit MWR Leisure Travel Services, Bldg. 3326, call 410-278-4011/4907 or email MWR-LeisureTravel@conus.army.mil. Tickets are \$10 for adults, \$5 for active duty, \$5 for children. The show is open to the public. To join the theater group or for more information, email Director Tricia Devine at triciadev@hotmail.com.

9 a.m. to 4 p.m. at UMUC's APG Office, Room 210 of the Janet M. Barr Soldier Support Center on Susquehanna Avenue. Advisors will be available to help put together a degree plan and get students on a path to reach their educational goals. As an added incentive, students who make application at this event will have their \$50. application fee waived (not available for Doctor of Management applicants). Call 410-272-8269 for info.

National Night Out Aug. 2

The National Night Out Against Crime is set Aug. 2 on Flag Court in Patriot Village. In addition to meeting APG police officers and fire fighters, representatives from other organizations will also be on hand. Attendees can also enjoy free food, games and prizes. The community is invited to attend. Anyone who brings canned goods for donation to ACS will receive a back-to-school gift. For more information, call the Community Policing Unit at 410-278-3609.

Home Ownership Workshop set Aug. 23

ACS will offer a free home ownership workshop Aug. 23 at 1 p.m. at ACS Bldg. 2503 on Highpoint Road. The workshop will guide Families through most of the financial and administrative hurdles of purchasing or selling. Topics to include Learn

Effective Ways To Buy and Sell Real Estate; New & Exciting First Time Buyer Programs; The Four Keys to Home Ownership; Competing Successfully in Today's Market; Breaking Through the Down Payment Barrier; The Home Financing Process; Selecting an Area; Building a Credit Profile and more. Call 410-278-2464.

CYSS waiting list reminder

Sponsors who currently have their child(ren) on the Child, Youth and School Services waiting list are reminded to update their information and contact the Parent Central Registration Office every 90 days to remain active on the list. Failure to do so will result in the inability to contact the sponsor should a space become available as well as automatic removal from the list. Sponsors can send an email every 90 days to judy.bennett2@us.army.mil, chrissy.keithley@us.army.mil, or kathy.guiliano@us.army.mil. Sponsors who prefer to contact Parent Central by phone may call 410-278-7479/7571/2572 to update their status and information.



MORE ONLINE
More shorts can be seen at www.apgnews.apg.army.mil under Shorts.

COMMUNITY NOTES

THURSDAY JULY 21 DAY ON THE BAY

The Chesapeake Heritage Conservancy, Inc. will offer a Day on the Bay, 9:30 a.m. to 3:30 p.m., on the Skipjack Martha Lewis. Enjoy the day sailing to Charlestown, bird watching, sightseeing, two area lighthouses, then lunch at the Wellwood Club and return. Tickets cost \$55 for adults, \$27 for children ages 10 and under. Credit cards will be accepted. Reservations are required. For more information, for reservations or to purchase tickets, call 410-939-4078.

SUNSET CRUISE

The Chesapeake Heritage Conservancy, Inc. will offer a Sunset Cruise, 7 to 8:30 p.m., on the Skipjack Martha Lewis. Tickets cost \$25 for adults and \$15 for children ages 10 and under. The ship will cruise around the Susquehanna Flats area for a relaxing sail and sunset. Reservations are required. For more information, for reservations or to purchase tickets, call 410-939-4078.

FRIDAY JULY 22 FAIRE ISLE CELTIC CONCERT

Enjoy Celtic music and songs by Faire Isle Celtic, sponsored by the Havre de Grace Arts Commission. This free concert will be held 7:30 to 9 p.m. at Millard E. Tydings Park, Havre de Grace. Bring chairs or blankets and picnics. In the event of rain, the concert will be held at the Havre de Grace Activity Center on Lewis Lane. For more information, call 410-939-2100.

FLOATING FEAST, SUMMER NIGHT SOIREE

Come out for a great recreation combo - tasty local food, music, and a boat trip to watch the stars come out in the estuary. This program will be held 8 to 9:30 p.m. for ages 14 to adult. The cost is \$12 per person. Registration is required.

For more information, to register or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

SATURDAY JULY 23 CHILDREN'S GARDENING - GARDEN GUARDIANS

Have fun growing food and flowers here and at home. Enjoy crafts, games, and science disguised as fun, while learning about plants, life cycles, and preparing the food. This program will be held at 10 to 11 a.m. for ages 5 to 10. The cost is \$5 per person. Registration is required. For more information, to register or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

MARYLAND WINE CRUISE

The Chesapeake Heritage Conservancy, Inc. will offer a Maryland Wine Cruise, 7 to 8:30 p.m. on the Skipjack Martha Lewis. Tickets cost \$40 per person (21 years of age or older). The ship will take a cruise around the Susquehanna Flats area as passengers enjoy fine wines. The wine cruise will have a representative from the featured winery onboard telling passengers about their wines and vineyards and to answer any questions. Cheese and a fruit tray will be served. Reservations are required. Credit cards will be accepted. For more information or for reservations or to purchase tickets, call 410-939-4078.

SATURDAY CRITTER FEEDING

Eden Mill Nature Center, located at 1617 Eden Mill Road Pylesville, Md. will offer critter feeding for Families at 3 p.m. Join the staff at the nature center as they feed the critters. Take a turn feeding one of the turtles or a snake. Pre-registration is required. For more information or to register, call 410-836-3050, email edenmillnaturecenter@gmail.com, or visit www.edenmill.org.

A CRAB'S LIFE PONTOON

Head out on the Creek in search of Maryland's favorite crustacean, the blue crab. Return to shore for a savory sampling. This program will be held 4:30 to 6:30 p.m. for ages 8 to adult; ages 8 to 14 must be accompanied by an adult. The cost is \$15 per person. Registration is required. For more information, to register or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

WHITE-TAILED DEER EDUCATION

Eden Mill Nature Center, located on 1617 Eden Mill Road Pylesville, Md. will offer a hands-on educational activity to learn all about White-tailed Deer, 1 to 2 p.m. Participants will get to examine a deer hide and skull and play a game to learn all about this Maryland mammal. Pre-registration is required. For more information or to register, call 410-836-3050, email edenmillnaturecenter@gmail.com, or visit www.edenmill.org.

SUNDAY JULY 24 SWAN HARBOR SWALLOWTAIL SOIREE

Meet at Swan Harbor Farm to search for and photograph the abundant birds, blooms and butterflies of the park. Dave Gigliotti will be providing camera tips and tricks on this colorful outing. This program will be held 10 a.m. to noon for ages 15 to adult. The cost is \$7 per person. Registration is required. For more information, to register or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

INVASINATORS

Become a part of the volunteer team of invasive plant removers and native plant restorers. Learn why non-native invasive plants are a threat to the ecosystem, how to identify problem plants, and removal and restoration strategies. Wear sturdy shoes, long sleeves, and work gloves for field work in the Reserve each meeting date. Participants will receive an Invasinators t-shirt after

attending two work days. This free program will be held 9 to 11 a.m. for ages 14 to adult. Registration is required. For more information, to register or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

LEAFY FLOORCLOTH

Create a summer inspired canvas mat that can cheer the coldest winter. This program will be held noon to 1:30 p.m. for ages 14 to adult. The cost is \$7 per person. Registration is required. For more information, to register or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

WILDFLOWER HEYDAY PADDLE

Enjoy the marsh in its summer finery, with wildflowers everywhere. Discover beauties such as Turk's Cap Lily, Cardinal Flower, and many others. This program will be held 1 to 3:30 p.m. for ages 8 to adult. The cost is \$10 per person. Registration is required. For more information, to register or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

WEDNESDAY JULY 27 FAMILY CAMPFIRE

Eden Mill Nature Center, located at 1617 Eden Mill Road Pylesville, Md. will host a Family Campfire, 6:30 to 8 p.m. Hear a presentation from a guest speaker and enjoy making smores around the campfire. This program is fun for all ages. Donations are accepted to cover the cost of the smores. Pre-registration is required. For more information or to register, call 410-836-3050, email edenmillnaturecenter@gmail.com, or visit www.edenmill.org.



MORE ONLINE
More calendar events can be seen at www.apgnews.apg.army.mil under Community Notes.

AROUND THE FORCE

Army stresses caution, education to combat social media scammers

SOCIAL MEDIA DIVISION

U.S. Army Office of the Chief of Public Affairs

You just signed up for a Facebook profile and a four-star general already wants to be your friend. Good thing right? Not likely.

Fake profiles, impostors and online scams litter the social media landscape, and as social media evolves, so do the tactics of online crooks. As social media use becomes more prevalent in today's Army, many Army leaders and Soldiers recognize that effective social media education is the best way to keep Soldiers from falling into the traps set by social media scam artists.

"It's still the wild west out there," said Staff Sgt. Dale Sweetnam, the noncommissioned officer in charge of the Online and Social Media Division, or OSMD, in the Office of the Chief of Public Affairs. "You have to stay vigilant, protect your information and always be on the lookout for social media scams."

The Army authorizes the use of social media in both official and personal capacities, but Sweetnam said the threats are always present so education is key. Social media scam artists work tirelessly to steal personal information, impersonate Soldiers and try to acquire sensitive information.

"We are all familiar with the Nigerian money scam emails that used to plague our email accounts a few years ago, right? Well now that our online use has evolved, so have scammers," said Maj. Juanita Chang, the Army's director of OSMD.

"If you are a scammer who wants to build someone's trust and then con them into sending you money, doesn't it make sense to steal the identity of someone America trusts -- and nobody is held in higher esteem than our military members, so they make a lucrative case to impersonate. People inherently trust the military and wouldn't imagine being conned by a Soldier or a general with a chest full of medals," said Chang.



Courtesy photo

In 2009, the Robin Sage Experiment effectively demonstrated how people respond to social media scams. In December of 2009, Provide Security, a cyber security company, created fake Facebook, Twitter and LinkedIn profiles for a person they named "Robin Sage." Sage claimed to be "Cyber Threat Analyst."

Over the next few months, the fake persona collected hundreds of friends and over time, slowly extracted sensitive information from those in the intelligence and cyber communities.

Not only does the Robin Sage Experiment demonstrate how easy it is for someone to penetrate social media circles, it shows that even some of the most security-minded individuals are still susceptible to attacks.

Not every social media scam is as complex and thought out as the Robin Sage experiment. In many cases, people will simply go online, become "friends" with a Soldier in uniform, steal the photo and use it as their own profile photo. Some individuals have actually taken the identity of a deceased Soldier and used as to solicit money from unsuspecting victims.

One such incident was reported by the New York Post earlier this year. It happens to deceased Soldiers, active Soldiers and even Army leaders.

"I spend a few hours a week searching social media platforms for people

posing as Army leaders," Sweetnam said. "We work hard to protect the digital integrity of our Army leaders. It's disappointing to find that there are so many scam artists out there, but for now, that's just the way it is."

Sweetnam said that fake pages also exist for Army organizations, so he suggested that those interested in finding official Army social media presences should check out the Army's Social Media Directory.

Sweetnam said that regardless of how involved you are with social media, it's important to always be on the lookout for scams. He said that you should never "friend" someone you don't actually know in person on Facebook. You should also do periodic Google searches for your name to make sure nobody is using your name and likeness for personal gain. And, of course, always keep Operations Security in mind.

"OPSEC should always be the paramount concern," said Sweetnam. "Throughout our Army career, we are trained on the importance of OPSEC. Maintaining information security should apply not only during deployments, but each time you sign on to Facebook or Tweet."

Sweetnam said OSMD has produced and distributed dozens of training documents detailing effective and safe social media use. These materials can be found

on the Army's Slideshare site. One of the more comprehensive resources developed by the OSMD is the Social Media Handbook which examines everything from blogging to using social media for crisis communications.

To stay safe, the Online and Social Media Division suggests that social media users take several precautions when using social media.

■ It's important to not share information that users don't want to become public.

■ Verify a "friend" request by phone or other means before allowing access. Group "friends" (e.g., real life, co-workers, strangers, etc.) and control access permissions based on the groups.

■ Take a close look at all privacy settings. Set security options to allow visibility to "friends only."

■ Users should be careful about what they post about their lives on social media platforms. Once something is out there, users can't control where it goes.

■ Be cautious when listing job, military organization, education and contact information.

■ Ensure that information posted online has no significant value to the enemy. Always assume that the enemy is reading every post made to a social media platform.

■ Closely review photos before they go online. Make sure they do not give away sensitive information which could be dangerous if released.

■ Make sure to talk to Family about operations security and what can and cannot be posted.

■ Create different, strong passwords for each online account. Never give password information away.

"Social media is an exciting space," said Sweetnam. "There is a lot the Army can achieve using social media and there are endless benefits for Soldiers and their families. But we have to be safe and we have to be on the lookout for those who wish to ruin a good thing."

Army goal-setting app on iPhone and iPad, coming soon to Droid

By **MEGAN NEUNAN**
Army News Service

"A lot of times we push off getting back to stuff because we can't get to it. The goal-setting now is right there in your pocket," said Sam Rhodes, the action officer responsible for a mobile-phone app that sets resilience goals.

The free app for iPhones and iPads, developed by Rhodes and a team at the Maneuver Center of Excellence, Fort Benning, Ga., and the Signal Center of Excellence at Fort Gordon, Ga., was released one month ago. It is the i-version of the Resiliency Goals Book under the Comprehensive Soldier Fitness program.

The app allows Apple users to set goals within their personal beliefs and then set up e-reminders to stay on top of them. It can be downloaded at <http://www.apple.com/itunes/affiliates/download/>.

Soldiers can also email what they tap out directly to first-line supervisors.

"It's the first thing a Soldier can help himself with," Rhodes said of the app and setting goals. "I think it provides a high degree of structure that everyone needs -- I found that I needed -- as we return from war and prepare to go to war."

Rhodes retired as a command sergeant major, with 30 months of a 32-month tour in combat, and was diagnosed with post-traumatic stress disorder, or PTSD, in 2005. Now he works for the Directorate of Training and Doctrine at Fort Benning.

He said goal-setting is the number one way to enhance Soldier performance, and people who know about the app have latched on to the approach. Downloads to iPhones and iPads doubled from the product's first to second week, from 196 downloads to 411.

In just three weeks, 552 users downloaded the app.

The hard-copy goal book has been out for more than a year, and, since December, could be downloaded as a 44-page PDF too. Design and development of the mobile application started in



Photo by Brian Gebhart

More iPhone and iPad users set goals on the Army's Resiliency app this month. Next month, a version for Droid debuts.

January. Rhodes explained the point of going the I-Pad and mobile-phone route.

"I don't want to say we targeted younger Soldiers, but if younger Soldiers use something, the older generation of Soldiers -- (ask) guess what we have to do? Just like email," he said.

The Resiliency App exhibits a trend toward the innovative use of existing resources to help Soldiers. At least, that is Rhodes' thinking. He only wishes goal-setting were emphasized when he returned from theater.

"I didn't have any of that," he said, but added that since the Army realized what was happening with post-traumatic stress, it has been great about helping Soldiers.

Rhodes specifically mentioned the App as a small way to combat increasing suicide rates in the Army, but was careful to emphasize it benefits the general population, not just PTSD sufferers.

A search in the App Store for "Goal Setting -- Comprehensive Soldier Fitness" will turn up the Resiliency app on iPhones and iPads. The genuine app is represented by the CSF logo, with "Goal Setting" in yellow letters backed by an Army star.

"I was in a classroom and talking to about 60 people the other day," Rhodes said, "and 50 percent of them had an iPhone and 50 percent of them had a Droid. The biggest question was 'when can I get this on the Droid?' My buddy's got it already.'"

An Android-compatible version will be released sometime in July, Rhodes said.

Military takes top U.S. confidence rankings — again

By **DONNA MILES**
American Forces Press Service

Americans continue to express high confidence in the armed forces, with more than three-quarters of those surveyed in a recent Gallup poll reporting higher confidence in the military than in other national institutions for the 14th consecutive year.

Seventy-eight percent of the 1,020 respondents in the poll, taken in June and released last month, reported high esteem for the military.

Forty-seven percent said they have a "great deal" of confidence in the military, the highest rating, and 31 percent reported "quite a lot" of confidence. That rating was 14 percent higher than for the second-ranking institution, small business, and 22 percent higher than for the third-ranking institution, the police.

Other organizations rankings, in descending order of high confidence, were: organized religion, 48 percent; the medical system, 39 percent; the U.S. Supreme Court, 37 percent; the presidency, 35 percent; the public schools, 34 percent; the criminal justice system, 28 percent; newspapers, 28 percent; television news, 27 percent; banks, 23 percent; organized labor, 21 percent; big business, 19 percent; and health maintenance organizations, 19 percent. Congress received the lowest high-confidence ranking, at 12 percent.

The military has been the top-ranked national institution every year since 1998, and also from 1989 to 1996, Gallup officials reported.

Confidence levels in most of the institutions polled this year were below historical averages, with the notable exception of the military. The 78 percent military confidence ranking for 2011 was 11 points above the historical average.

Public confidence in the military tends to run high when the United States is actively engaged in military operations, officials said, citing the all-time 85-percent high confidence ranking in early 1991 just after the first Persian Gulf War ended. Ratings have ranged between 69 percent and 82 percent over the last decade during U.S. military operations in Afghanistan and Iraq, officials reported.

Another Gallup poll, also conducted earlier this month and released June 21, 2011, demonstrated that Americans consider the ground forces most essential to national defense. Twenty-five percent of the 1,020 adults surveyed ranked the Army the most important service, up from 18 percent in 2001.

The Marine Corps ranked second this year, at 24 percent, up from 14 percent in 2001.

Seventeen percent of respondents called the Air Force the most important service branch to national defense, compared to 42 percent in 2001; 11 percent cited the Navy, compared to 15 percent in 2001; and three percent cited Coast Guard, which was not included in the 2001 survey.

Forty-six percent of the respondents named the Marine Corps the most prestigious branch of the armed forces. The Army ranked second, at 22 percent; followed by the Air Force, at 15 percent; the Navy, at eight percent; and the Coast Guard, at two percent.